

PROFESSIONAL DEVELOPMENT

# Leading from Within

## LEADERSHIP IDENTITY & MINDSET

### COURSE DESCRIPTION

This program helps women define their authentic leadership identity and cultivate a resilient, growth-oriented mindset. Participants explore their values, leadership style, and inner narratives, learning to lead with clarity and self-awareness. Through reflection and practical exercises, learners build the confidence and intentionality to step fully into leadership roles.

### WHY IT MATTERS

Leadership begins from within. Women who understand their identity and mindset lead with greater authenticity, navigate challenges with resilience, and inspire trust in those around them.

KEY LEARNING AREAS	COURSE BENEFITS	PROGRAM UNIQUENESS
<ul style="list-style-type: none"> <li>Defining your authentic leadership identity</li> <li>Fixed vs. growth mindset in leadership</li> <li>Values, strengths, and leadership style</li> <li>Overcoming limiting beliefs and self-doubt</li> <li>Leading with clarity, purpose, and presence</li> </ul>	<ul style="list-style-type: none"> <li>Lead with confidence and authenticity</li> <li>Develop a resilient growth mindset</li> <li>Clarify your personal leadership vision</li> <li>Navigate challenges with greater composure</li> <li>Inspire trust and credibility as a leader</li> </ul>	<ul style="list-style-type: none"> <li>Reflective, identity-centered approach</li> <li>Practical mindset-shifting tools</li> <li>Safe, supportive learning space</li> <li>Facilitated by experienced women leaders</li> </ul>

**PROGRAM LENGTH**  
1 day

**COURSE FORMAT**  
Online, Face-to-Face, or Hybrid

**LEARNING EXPERIENCE**  
Reflection, coaching, and peer dialogue

**TARGET AUDIENCE**  
Emerging and established women leaders

## Ready to Enroll?

✉ info@intlexcelgroup.com 📞 +971 564 859 049

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